

Calm, Confident, & In Control

Word Search Puzzle #4

Instructions:

- Read all instructions before you start.
- Be in a relaxed, plenty-of-time setting and read the word list out loud slowly.
- Read word list again from the bottom up out loud slowly.
- Scan the block of letters across one row at a time, then back right-to-left.
- Word groups have spaces removed and can go in any of 8 directions.
- Your sub-conscious will already be solving the puzzle. Circle the words that appear.
- Scan down one column and then back up, one column at a time.
- Read the word list again, focusing on the ones still missing.
- With a straight-edge examine each diagonal in both directions.
- Memorize words still missing and put puzzle aside for a day.
- Next day look for letter-pairs for any remaining words. All words are present!

BREATHE FREE
CONTAGIOUS
CALM AND JOY
DESERVE PEACE
EMBODIMENT
ABUNDANT ALL
FILLS MY SPACE
FLOW
FLOWING CALM
FLOW THRU ME
HARMONY
I ACCEPT IT
I AM ALLOWING
KNOW FOR SURE
HARMONIOUS
KNOW I CAN
PEACE AND CALM
PEACEFUL FLOW
PLEASURE PEACE
RESTFUL
ZERO GRAVITY
RELAXED JOY
OPEN GUIDANCE
OWN MY POWER

P W O L F L U F E C A E P S M V E
M L P S I Y G A G G T S I U N T E
Z B E H L K G N O J N D L O A I N
T Z N A L R N P I V H E S I C T P
N U G R S U E O L W U Y C N I P G
E C U M M U F W W R O E M O W E C
M A I O Y L R T O F R L Z M O C O
I L D N S H A E S P O N L R N C N
D M A Y P F J C P E Y R O A K A T
O A N T A W Q A D E R M S H M I A
B N C C C L L A T N A D N U B A G
M D E S E R V E P E A C E W R O I
E J B R E A T H E F R E E L O E O
L O E X A F L O W I N G C A L M U
A Y O J D E X A L E R O I A E O S
K T F S C Y T I V A R G O R E Z K
E M U R H T W O L F M O C C Q P Q